**[Page Title] Our research**

Our research helps us to improve care, treatments and services for patients, families and local communities. It allows us to explore and improve new and innovative treatments and therapies and provide options to people who use our services.

We put patients at the centre of what we do by developing our research in collaboration with people who have lived experience of mental health problems and/or learning disabilities.

All patients who use our services have the opportunity to hear about, get involved in, and have a positive experience when taking part in our research studies.

**[Accordion H2] Our specialist areas of research**

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**[H2] Get in touch**

We'd love to hear from you! Here's how you can get in touch with us:

Email: research@example.co.uk

Telephone: 0000 000 000

Postal address: Example, Example, Post code

**[H3] Why not join us on social media?**

Our Twitter handle is @Research or you can find us on Facebook at Research at X Trust

**[Page Description] Find out about mental health and dementia research taking place across Sussex**

**[Keywords]** R&D, clinical trials

**[Alternative url – for previously published links]** /r&d